

ABSTRACT

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*Title : Nuggets Trial Using Mixture of Chickpeas and Oyster
Mushroom*

Chicken Nugget is one of the most popular food in the world, which has already known widely in any kind of generations. Chicken Nuggets are food made out of minced chicken meat and usually coated using breadcrumbs and processed in deep-frying process (The National Chicken Council, 2016). Because of the popularity of chicken nuggets and the variety of human's dietary habit, hence chicken nuggets are now available in a lot of ingredients substitution to fulfill the demand of human's dietary habit. One of those are gluten-free chicken nuggets that is able to fulfill the dietary habit of celiac disease patients, people with gluten sensitivity, and autism patients. Besides gluten-free nuggets, plant-based nuggets were created to fulfill human's dietary habit that grows towards plant-based diet or predominantly non-animal products because the diet was known for its beneficiary effects. Therefore, this nuggets trial using chickpeas and oyster mushroom aims to create nuggets with substitute plant-based ingredients that fulfill the nutritional needs and human's dietary habit over time.

Keywords : Nugget, Gluten-free, Plant-based, Food Trial