

ATTACHMENT

Nama Resep	Info Nutrisi (AKG/DV %)								
	Energi (kalori)	Protein (gram)	Lemak (gram)	Karbohidrat (gram)	Serat (gram)	Kolesterol (mg)	Kalsium (mg)	Potassium (mg)	Total gula (gram)
Homemade Soymilk	932 (47%)	55 (91%)	30 (43%)	125 (43%)	14 (47%)	0 -	478 (48%)	2698 (77%)	84 -
Chocolate Ice Cream	657 (32%)	20 (33%)	37 (53%)	66 (23%)	7 (23%)	378 -	171 (17%)	891 (26%)	63 -
Strawberry Ice Cream	514 (25%)	19 (31%)	26 (38%)	61 (21%)	5 (17%)	378 -	155 (15%)	765 (22%)	46 -
Mango Pineapple Ice Cream	572 (28%)	20 (34%)	29 (42%)	68 (23%)	5 (17%)	504 -	166 (16%)	808 (23%)	46 -
Guava Starfruit Ice Cream	511 (25%)	19 (32%)	28 (41%)	56 (19%)	6 (21%)	378 -	156 (15%)	855 (24%)	34 -
Kiwi Dragon fruit Ice Cream	563 (28%)	20 (33%)	29 (42%)	65 (22%)	9 (31%)	378 -	174 (17%)	838 (24%)	40 -
Earl Gray Ice Cream	486 (24%)	19 (31%)	28 (40%)	51 (17%)	5 (17%)	378 -	147 (14%)	736 (21%)	32 -
Klepon Ice Cream	474 (23%)	15 (24%)	22 (31%)	66 (23%)	6 (21%)	0 -	20 (20%)	834 (24%)	44 -

Dirilis oleh:



Deasy Anna S., ahli gizi